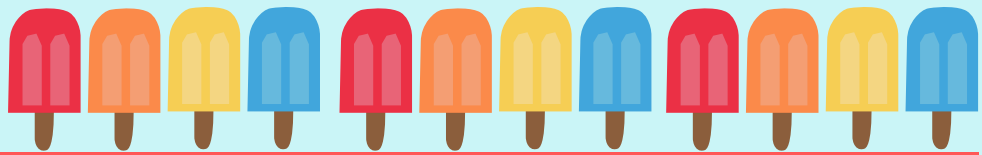


July 2026



Fair Oaks Alumni Monthly

Dear Reader

Thank you for taking the time to check out our monthly newsletter. We are looking for alumni contributions. Share your story, share your experience, inspire your fellows. Send in your photography, poems, or any other art you might be creating! Please send all submissions to Mandi.Garcia@fair Oaks Recovery Center.com or 916-291-7211



ALUMNI EVENTS

Weekly

Tues. OOT Alumni 6:30pm
Thurs. OOT2 7pm zoom only

July 11

Coffee Date 10am

July 16th

Medication Lockbox
& Narcan Training
& Dinner @ IOP building
6:30pm with SNAHC

Lake Day coming in August!

For More Info
Visit the App



Are you missing out?

It is all on the app. Join us @

vrc.getcaredfor.com

A Message from Mandi



By the time July arrives, summer is in full swing. Calendars fill up with vacations, barbecues, trips to the lake, baseball games, and evenings spent outdoors. The season has a way of reminding us that life is meant to be experienced, not just endured.

Recovery gives us the opportunity to enjoy these moments with a clear mind and an open heart. We can be fully present for conversations, remember the memories we make, and wake up the next morning grateful instead of regretful. That may seem simple, but it is one of recovery's greatest gifts.

Summer can also be a good reminder to check in with ourselves. With busy schedules and changing routines, it is easy to let healthy habits slip. Make time for the things that keep your recovery strong. Stay connected with your support system, attend meetings or alumni events, spend time with people who encourage your growth, and don't be afraid to ask for help if you need it. Recovery is not something we put on hold because life gets busy. It is what allows us to enjoy life in the first place.



This season, challenge yourself to try something new. Visit a place you've never been, start a hobby you've always wanted to explore, volunteer, or simply invite another alumnus out for coffee. Recovery is about more than avoiding the past. It is about building a life that feels meaningful, adventurous, and full of possibility.

As the summer continues, we hope you'll take time to celebrate not only the season, but also yourself. Every day of recovery is another day of choosing growth, connection, and hope. Thank you for being part of this incredible alumni community. We can't wait to see you at our upcoming events and continue making memories together.



Have Alumni Event or Services Opportunity Ideas?
Contact Mandi Garcia, Alumni Coordinator!
916-291-7211 mandi.garcia@fair Oaks Recovery Center.com

July 2026



Employee Recognition!



Rising Star Award

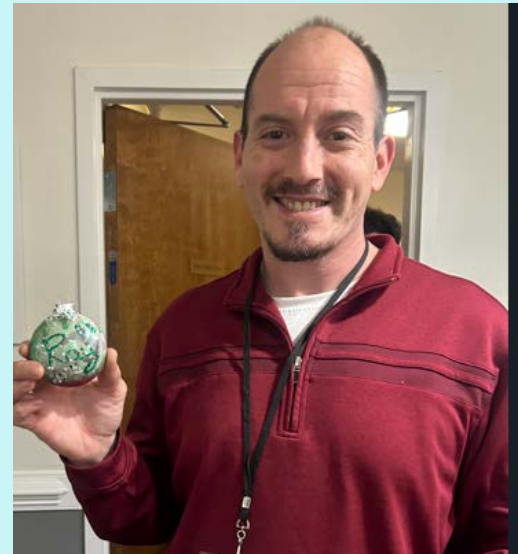
JoAnn – Cook

JoAnn has quickly become an invaluable member of the Fair Oaks team. She consistently demonstrates a strong work ethic, a positive attitude, and a commitment to preparing high-quality meals for our clients. Her attention to detail and willingness to go above and beyond for both clients and staff make her deserving of this recognition. JoAnn's dedication helps create a welcoming and supportive environment for everyone at Fair Oaks.

Service Excellence Award

Raymond – Behavioral Health Technician

Ray exemplifies service excellence through his unwavering commitment to our clients, coworkers, and the mission of Fair Oaks. Ray has a natural ability to build rapport with clients, helping them feel heard, respected, and supported throughout their recovery. His reliability, strong teamwork, effective communication across departments, and ability to navigate challenging situations make him a trusted and respected member of the Fair Oaks team. Ray's open learning posture and devotion to the clients we serve embody the values of Fair Oaks Recovery Center.



July 2026



Employee Recognition!



SUMMER

Employee of the Quarter

Shayne – Admissions Coordinator

Shayne has demonstrated tremendous growth during her time at Fair Oaks and has become an outstanding representative of our organization. She builds meaningful rapport with prospective clients and those already in treatment, ensuring that every client and family feels welcomed, valued, and supported from their very first interaction. Shayne is proactive in preventing atypical discharges and consistently demonstrates exceptional communication and collaboration across departments. She navigates difficult situations with professionalism, keeping the appropriate departments and leadership informed to ensure the best possible outcomes for our clients. Her commitment to teamwork, client care, and organizational success makes her truly deserving of this recognition.



Congrats JoAnn. Ray. & Shayne!!



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July 2026



June additions

Welcome new alumni!

Sarah

Jason

Robert

Jagbir

Harinderpal

Adam

Caden

John

Lily

Logan

Sharon

Jannine

Riley

Anthony

Alic

Leslie

Samiuela

John

Jose

Bartholomew Jackson

Jacob

Cindy

Israel

Sangeeta

Mandiko

Alexander

Jose

Andrey

Carson

Kimberly

Vineet

Latisha

Jackson

Elda

Kevin

Elizabeth

John