

FEBRUARY NEWSLETTER

ICYMI - *In Case You Missed It*

Christmas Shenanigans!

At residential we worked hard to make the holidays bright. This was many clients first Christmas sober, or the first in a long time. We held a gingerbread house building contest...



We practiced some self-care...



We made our own ornaments...



And decorated cookies while watching Home Alone!



Alumni came together to make sure every client in treatment received some holiday cheer on Christmas morning. Not only did a few provide gifts for every single client, several wrote lovely messages to “future alumni” encouraging them along on their journey expressing excitement for them to join our alumni community.



Alumni came together at outpatient for desserts, coffee, and a white elephant gift exchange.





Matt K. had his gift stolen 4 times meaning he picked up 5 gifts from the pile! It just got more and more funny every time his gift was taken.



Upcoming Alumni Events

A co-founder of Alcoholics Anonymous tells how members recover and how the society functions.

TWELVE STEPS AND TWELVE TRADITIONS

ALCOHOLICS ANONYMOUS
World Services, Inc.

First Friday of Every Month
@ Outpatient 650 Howe Ave Bldg 900
6pm to 7pm

only on Tuesdays
Alumni Meeting



Doors Open @ 6:15pm
 One hour meeting @ 6:30pm
 in person or by zoom (alumni only)

Check out the app for more details.

find community
 & support



alumni meeting

starts February 4th!

Wednesdays 7pm-8pm
 zoom id: 813 9797 1623
 passcode: 360267

peer lead ~ peer powered

We have a new meeting! Zoom only.

ALUMNI REUNION MAY 16TH

SAVE



THE DATE

Mark your calendar on May 16th for our 2nd Annual Alumni Reunion!!

Want to help plan!! Use the sign up link!
 First meeting is February 12th on zoom.

Upcoming Community Events

annual conference @ the Double Tree

*It is that time! Huge speaker meetings,
marathon meetings, wildly fun
fellowshipping, and merch*



Friday and Saturday

Feb. 6th & 7th

meeting times vary

Mark your calendar - more info to come

Get your tickets today! A group of alumni are crashing this party together. There are meetings around the clock, huge speaker meetings, and the biggest birthday countdown you have ever seen. Hope you'll join us!

New Alumni - December (in order of appearance)

Trinity	Vanessa	Diane	Avalon
Raul	Ava	India	Manuel
John Robert	Richard	Nicolas	Javier
Frank	Morgan	Mark	Makenzie
Marc	Krysta	Sharon	Robert
James	Maria	Shawn	Kathleen
Erica	Christopher	Douglas	Sukhi
Melanie	Samuel	Roman	Erin

January Birthdays

30 Days

Sydney
Kyle
Shawn
Jordan
Shelly
Becca
Hannah

90 Days

Kaden
Jerry
Haley
Nacho
Sukhi
Melanie
Erica

9 Months

Bart
Michael
Ed
Dion
Laura
Jennifer

60 Days

Morgan
Marc
Raul
Sharon
Madeline
Roman

6 Months

Troy
Chris
Sam
Anthony
Benji
Brian
Christina

Annuals

Alex - 1 Year	Matt - 2 Years
Sarah - 1 Year	Tom - 2 Years
Sara - 1 Year	Michael - 2 Years
Chrissy - 1 Year	Deborah - 2 Years
Megan - 1 Year	Matthew - 2 Years
Cindy - 1 Year	William - 2 Years
Crystal - 1 Year	Kiley - 2 Years
Maqsud - 1 Year	
John - 1 Year	Andrea - 3 Years
Zaheed - 1 Year	Jennie - 3 Years
Rick - 1 Year	

*If you would like your sobriety milestone celebrated in the Alumni Newsletter, get on the app! VRC.GetCaredFor.com or call/text Mandi @ 916-291-7211

A reminder of the strength that comes from walking this journey together.

If you ever have a friend or family member who is struggling, please know you can reach out to me—or share my contact information with them. We'd love the opportunity to help them find the care and support they deserve, and, when the time is right, welcome them into our alumni program. Just like you, they'll have a community to lean on long after treatment.



Three ways to help

- Give out my number 916-291-7211
- Or admissions line 916-970-7221
- Call me with your loved one on the phone

Fair Oaks
Recovery Center

Thank you for helping us extend hope, healing, and fellowship to others who may need it.