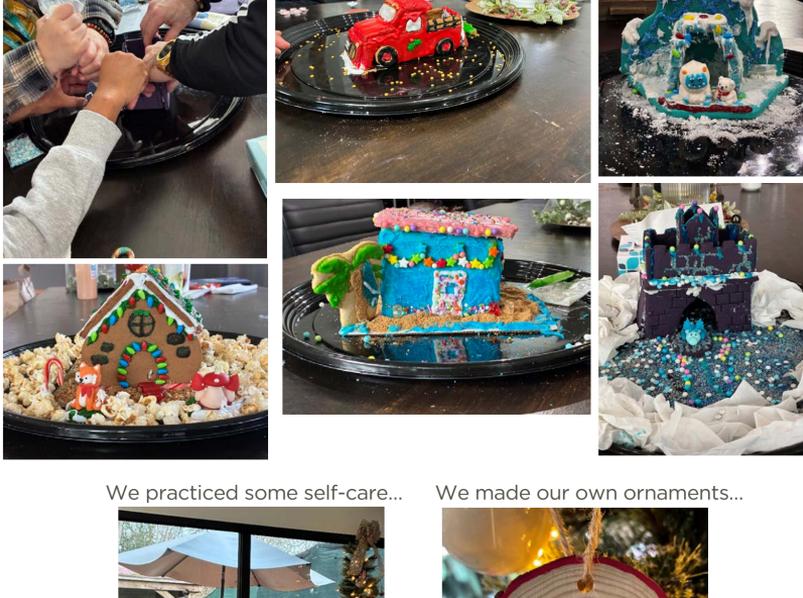


ICYMI - In Case You Missed It

Christmas Shenanigans!

At residential we worked hard to make the holidays bright. This was many clients first Christmas sober, or the first in a long time. We held a gingerbread house building contest...



We practiced some self-care...



We made our own ornaments...



And decorated cookies while watching Home Alone!



Alumni came together to make sure every client in treatment received some holiday cheer on Christmas morning. Not only did a few provide gifts for every single client, several wrote lovely messages to "future alumni" encouraging them along on their journey expressing excitement for them to join our alumni community.



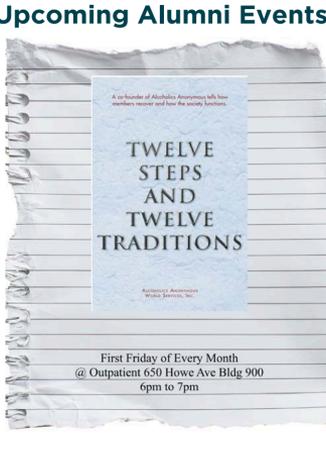
Alumni came together at outpatient for desserts, coffee, and a white elephant gift exchange.



Matt K. had his gift stolen 4 times meaning he picked up 5 gifts from the pile! It just got more and more funny every time his gift was taken.



Upcoming Alumni Events



Check out the app for more details.



We have a new meeting! Zoom only.



Upcoming Community Events



Get your tickets today! A group of alumni are crashing this party together. There are meetings around the clock, huge speaker meetings, and the biggest birthday countdown you have ever seen. Hope you'll join us!

New Alumni - December (in order of appearance)

Trinity	Vanessa	Diane	Avalon
Raul	Ava	India	Manuel
John Robert	Richard	Nicolas	Javier
Frank	Morgan	Mark	Makenzie
Marc	Krysta	Sharon	Robert
James	Maria	Shawn	Kathleen
Erica	Christopher	Douglas	Sukhi
Melanie	Samuel	Roman	Erin

January Birthdays

30 Days	90 Days	9 Months
Sydney	Kaden	Bart
Kyle	Jerry	Michael
Shawn	Haley	Ed
Jordan	Nacho	Dion
Shelly	Sukhi	Laura
Becca	Melanie	Jennifer
Hannah	Erica	
60 Days	6 Months	Annals
Morgan	Troy	Alex - 1 Year
Marc	Chris	Sarah - 1 Year
Raul	Sam	Sara - 1 Year
Sharon	Anthony	Chrissy - 1 Year
Madeline	Benji	Megan - 1 Year
Roman	Brian	Cindy - 1 Year
	Christina	Crystal - 1 Year
		Maqsud - 1 Year
		John - 1 Year
		Zaheed - 1 Year
		Rick - 1 Year
		Matt - 2 Years
		Tom - 2 Years
		Michael - 2 Years
		Deborah - 2 Years
		Matthew - 2 Years
		William - 2 Years
		Kiley - 2 Years
		Andrea - 3 Years
		Jennie - 3 Years

*If you would like your sobriety milestone celebrated in the Alumni Newsletter, get on the app! VRC.GetCaredFor.com or call/text Mandi @ 916-291-7211

