

DECEMBER NEWSLETTER

ICYMI Friendsgiving 2025!

Many friends came together in November to celebrate the friendship of our alumni community. We had an amazing potluck with something from everyone and for everyone. It was a wonderful time to catch up and meet new friends.



Annual White Elephant Gift Exchange!

We had a lively group of Alumni gather for our Annual White Elephant party and Dessert Potluck. There was plenty of “exchanging” of gifts. This group was anything but shy. Matt K. had his gift stolen from him four times! We shared a lot of laughs and hope you will join us next year and help grow the fun!



Upcoming Alumni Events

Alumni Coffee Date!
Saturday, January 10th
@ Temple Coffee
10 am

2600 Fair Oaks Blvd



Upcoming Community Events

Mother Lode Fellowship Christmas Alcahthon & Potluck Dinner

Motherlode Fellowship 677 Pleasant Valley Road, Diamond Springs, CA, United States

December 24th - 25th Alcahthon Alcahthon runs 5:30am-11:30pm Meetings are every 1.5 hours (Last meeting begins at 10:30pm) Potluck Dinner 1pm-3pm, Bring a dish to share! This is the place for FOOD, FUN, and FELLOWSHIP!!!! ALL ARE WELCOME :O)

Midtown Solutions Christmas Alcahthon

Midtown Solutions 2907 30th Avenue, Sacramento, CA, United States

December 24 @ 6:30 am - December 25 @ 11:00 pm

East Yolo Fellowship ~ Christmas Alcahthon

East Yolo Fellowship 906 Sacramento Avenue, West Sacramento, CA, United States

December 24 @ 6:00 pm - December 25 @ 5:00 pm

Group Three Christmas Alcahthon

Group Three 9940 Business Park Dr. Suite 110, Sacramento, CA, United States

December 24 @ 6:00 pm - December 25 @ 9:00 pm

Visit AASacramento.org/events for more alcahthons!

New Alumni - October

Alisa	Dyuthyi	Josh	Michael
Amber	Eleanore	Kenneth	Patricia
Amy	Franco	Kurt	Raajanpal
Angelica	Glenn	Madeline	Rebecca
Crystal	Jakobe	Maria	Shannon Marie
Darin	Jason	Mary	Teresa
Dedre			

New Alumni - November

Cory	James	Vance	Erin
John	Lorraine	Sukhi	Dan
Derrick	Yoel	Stacy	Rebecca
Katherine	Rebecca	Rory	Marc
Christopher	Camille	David	Frank
Daniel	James	Christopher	Rachelle Lee Ann
Kathleen	Jerry	Jason	Kaden

December Birthdays

30 Days

Hailey W.
Madeline O.
Marc M.

60 Days

Ava S.
Erica H.
Haley B.
Kaden C.
Katie W.
Nacho R.
Patricia P.
Sukhi S.

90 Days

Angelica B.
Cory F.
Crystal W.
Gina F.
Jakobe H.
Jen S.
Joshua S.
Justin C.
Liz W.
Mary G.
Patricia P.

6 Months

Chanel D.
Edna J.
Jared L.
Mickey
Rob F.

9 Months

Ed H.
Jordan M.
Jose V.
Juli K.
Matt K.

Annals

Bronwyn C. 1 year
Emmie J. 1 year
Rebecca L. 1 year
Ryan L. 1 year
Sue V. 1 year
Daniel S. 2 years
Jason C. 2 years
Lisa S. 2 years
Nathaniel R. 2 years
Terri S. 2 years

*If you would like your sobriety milestone celebrated in the Alumni Newsletter, get on the app! VRC.GetCaredFor.com or call/text Mandi @ 916-291-7211

A reminder of the strength that comes from walking this journey together.

If you ever have a friend or family member who is struggling, please know you can reach out to me—or share my contact information with them. We'd love the opportunity to help them find the care and support they deserve, and, when the time is right, welcome them into our alumni program. Just like you, they'll have a community to lean on long after treatment.

Fair Oaks
Recovery Center

Thank you for helping us extend hope, healing, and fellowship to others who may need it.

Three ways to help

- Give out my number 916-291-7211
- Or admissions line 916-970-7221
- Call me with your loved one on the phone

