

SEPTEMBER NEWSLETTER

ICYMI

Recovery Happens 2025

With a total of over 1100 years of combined continuous sobriety, Sacramento rang in recovery month in a big way.

The day's events included a recovery walk with banners and chanting around the state Capitol building, a rally, a pancake breakfast, and a wide range of speakers including a 12-step meeting under the shade.

All of our very own Fair Oaks alumni that participated received our very first alumni t-shirts! It was a day full of community, connection, and compassion. **I hope to see you there next year!**



Upcoming Alumni Events

OCTOBER Coffee DATE

Sunday, October 19th
9:30am meet-up
@ Temple Coffee
2600 Fair Oaks Blvd



Spooky Speaker Jam

OCTOBER 30TH
DOORS OPEN @6PM
MEETING @6:30PM

featuring:

DANI & MEREDITH

- PERSONAL ITEMS IN THE CAR
- NO OUTSIDE FOOD OR DRINK
- NO ENTRY AFTER 6:30

GUESTS OVER 18 WELCOME

*better
together*

6:30pm - 7:30pm
doors open at
6:15pm



Only On

TUESDAY

Weekly Alumni Meeting at Residential

2221 FAIR OAKS BLVD.

OR JOIN BY ZOOM!

meeting i.d.

823 9085 5978

passcode:

347171

New Alumni - August Additions!

Danny
Benji
Scott
Samuel
Byron
Anthony
Kristen

Sydney
Daniel
Faith
Nancy
Marc
Diane
Teresa

Amanda
Chris S.
Timothy
Humberto
Chris Y.
Nathan
Christopher

Alexander
Mary Ann
Brendon
Ann
Paul
Jeff
Stephanie

September Birthdays

30 Days

Brian W.
Liz W.

60 Days

Anthony G.
Benji P.
Chris Y.

90 Days

Rob F.
Edna J.
Jared L.
Mickey C.
Elizabeth V.
Troy W.

6 Months

Jose V.
Geetika
Ed H.
Jordan M.
Juli K.
Lucas L.

9 Months

Ryan L.
Doug H.
Rebecca L.
Bronwyn C.
Emmie J.

Annals

Catherine F. 1 year
David Z. (that's me) 1 year
Angel A. 1 year
Kate D. 1 year
John H. 1 year
Jessie M. 1 year
Jaren B. 1 year
Big Mike O. 1 year
Hazel 2 years
Charlie W. 2 years
Claire G. 2 years
Tracey F. 2 years
Mel G. 2 years
Eugene C. 3 years
James G. 5 years

A reminder of the strength that comes from walking this journey together.

If you ever have a friend or family member who is struggling, please know you can reach out to me—or share my contact information with them. We'd love the opportunity to help them find the care and support they deserve, and, when the time is right, welcome them into our alumni program. Just like you, they'll have a community to lean on long after treatment.

Fair Oaks
Recovery Center

Thank you for helping us extend hope, healing, and fellowship to others who may need it.



Three ways to help

- Give out my number 916-291-7211
- Or admissions line 916-970-7221
- Call me with your loved one on the phone