



November

## Alumni NEWS

### Sober spooks are possible! Here's what we did in October:



Costume bowling. Alumni dressed up in their best costumes. We then had our alumni meeting at Crepes & Burgers and enjoyed some good food.



The residents had their own fun-filled Halloween holiday, with candy, popcorn, spooky games, and good fellowship.



Costume contests! One contest with staff and the other with alumni. Voting will begin tomorrow, and the winners for each contest will be announced 11/9.



### November is all about giving thanks.

We have our Friendsgiving coming up! November 15th from 5:30p-7pm at 650 Howe Ave, Unit 900, Suite 910. Bring your best dish and yourself! We will hold a gratitude meeting after everyone has eaten.

# gratitude

### What are you grateful for?

Post your gratitude to the app!

### ♥ Gratitude Jar ♥

In the residential and outpatient building, I will be setting up gratitude jars. Throughout the month, write out some things you're grateful for, and I will make a gratitude video.



### Employee of the Month:

Fair Oaks Recovery Center's employee of the month is **BRE G!**

Thank you, Bre, for all of the support and care you put into the clients' lives.

# HAPPY Thanksgiving