

# Alumni NEWS

2023 is halfway over!

### **Yearly Milestones:**

Aleesha M. achieved 5 years sober on June 1st! Marbella S. achieved 5 years sober on June 5th!

Congratulations, Aleesha and Marbella! Your successes show us that we DO recover.



Last month we did Bingo Night! Prizes included a candle; caffeine and candy; and water guns and tubes for summer!

It was so much fun. I loved seeing everyone laugh and have a good time.

## **Upcoming Events:**



Fourth of July: 2 - 9:30pm at the residential building! We'll have a BBQ, games, a raffle, and fireworks! Come hang out.



Truckee Float Trip on July 29th - Still TBD depending on the river flow. Still figuring out if we will all meet up at Starbucks or Dutch Bros! Suggestions of where we should all go for food in Truckee afterward? Please reach out to me and let me know! Make sure you figure out your carpool plans!

Buy your floaties! (I've bought an air mattress before and split the cost with friends.)

Backup Event: Drive-in Movies in Sacramento

Friday Hangouts - First Fridays of the month! From 5:30 - 7pm at the outpatient building. Come hang out. Bring snacks and/or games, or just come and chat!



#### Wednesday Meetings:

Speaker meetings seem to flow well for us! If you'd like to be a speaker and share your story, please let me know!

Thank you to all of our speakers last month: Carly, Aaron, Patrick, and David.



#### Residential:

An opportunity to be of service!! Still looking for letters of people sharing their experience, strength, and hope to send to residential! Send to my email: Rebekkah.Dottai@fairoaksrecoverycenter.com

#### **Employees:**



**Employee of the Month: Holly Brannon!** Congratulations, and thank you for all that you do!

So nice to see you guys enjoying your recoveries! Happy July!

