

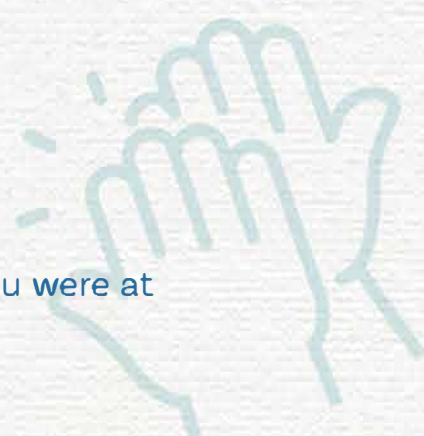
## Alumni NEWS

### MAKE YOURSELF PROUD

We're nearing the halfway mark of 2023! What are some accomplishments you've achieved this year?

Here are a few possibilities...

- ★ Went to residential
- ★ Did intensive outpatient
- ★ Completed treatment
- ★ Was honest about where you were at
- ★ Asked for help
- ★ Went to meetings
- ★ Got a sponsor
- ★ Started working the Steps
- ★ Allowed yourself to heal
- ★ Gave back to a community



### Contest:

This month's contest winner was Carinne S. Congratulations for winning the \$100 Amazon gift card!



### Event:

We had a Bowling Bash twice this month!  
Alumni Winner of Bowling on 5/19: Grant B!

And although I was sick on Friday the 26th and technically it wasn't a Fair Oaks event, alumni still went and had fun!!

The Alumni Winner of Bowling on 5/26: Franklin F!



### Upcoming Events:

Bingo Night! Date and time: TBA



**Truckee Float Trip on July 29:** Still figuring out if we will all meet up at Starbucks or Dutch Bro's! Suggestions of where we should all go for food afterward in Truckee? Please reach out to me and let me know! Make sure to figure out your carpool plans!

Buy your floaties! (I've bought an air mattress before and split the cost with friends.)

### Wednesday Meetings:

We're averaging about 9 people showing up weekly. I'm so excited to see this group continue to grow into a fellowship! Keep coming back and keep giving back!



### Idea Box:

I've put out an idea box in our Alumni meeting room for any ideas you'd like to bring up to me!



### Residential:

I hang out with the residents sometimes from 4-5pm and would love some more ideas of fun activities I could do with them! Reach out to me if you have any ideas!



### An opportunity to be of service!!

Please send over letters of encouragement for people in residential! Send to my email: [Rebekkah.Dottai@fairoaksrecoverycenter.com](mailto:Rebekkah.Dottai@fairoaksrecoverycenter.com) 🌸

### Employees:



**Employee of the Month: Vivian Manuel!**  
Congratulations!



Jeffrey had a sobriety birthday of 12 years on 5/15!  
Jeffrey is on our Business Development Team.



Theresa had a sobriety birthday of 35 years on 5/28!  
Theresa is our Head of Clinical.

Congratulations, you two, for such great miracles.

**Thanks for being a part of this month's fun!!**

*Happy June!*

